Key Stage 2
Medium Term Planning

Year: 5  Term: Summer 1

Theme: Prayer and Worship  Religion: Sikhism

Key question for this enquiry: What is the best way for a Sikh to show commitment to God?

Learning Objectives: We are learning to understand how Sikhs show their commitment to God and to evaluate if there is a best way.

Teaching and Learning Activities

Evidence in Discovery RE Journals: Activity Sheet.

BRIDGE: COMMITMENT

Step 1 Engagement (1 lesson)

Auberon Owl takes part in the game. Choose a child to think on behalf of Auberon and to take him with them.

Open lesson with a game about making personal choices. Have ‘agree’ and ‘disagree’ signs up on different sides of the room.

Children move to the side according to whether they agree or disagree with statements read out e.g. My favourite food is pizza. My favourite animal is a horse. School uniform helps us belong. Stealing is wrong etc.

Debrief: we all make personal choices every day. What influences our choices? (family, culture, religion etc). Children to be given a topic to debate - Is it ever OK not to wear a crash helmet when riding a bike or motorbike? Split class into two halves - one side who think it is never OK not to wear a crash helmet and the other side who think there could be situations when this is OK. What if it meant you could not show commitment to your religion if you wear a crash helmet? Now is it OK?

Explain that when the law was introduced that you had to wear a crash helmet when riding a motorcycle, Sikhs argued that this was a law which they could not obey. Some Sikhs felt that it was so important they choose to go to prison rather than give up their turbans. Do children have any questions/responses for Auberon Owl?

The law was changed to give Sikhs the right to wear turbans instead of crash helmets. Do children think the law should have been changed? Why? Auberon Owl asks the children if they think it is OK for Sikh children not to wear a cycle helmet if they are wearing hair in topknot (picture on Activity Sheet 1). Children are given statements to categorise into true/false according to whether they are examples of showing commitment or not. Children are given situations to sort from best to worst ways of showing commitment. Is showing commitment a matter of personal choice?

Step 2 Investigation (3 lessons)

Do the children have any questions about Sikhism for Auberon Owl? Explain to children that Sikhs are committed to God and show their commitment in different ways. Show children the 5Ks (kangha - comb, kirpan - sword, kara - bracelet, kachera - shorts, kesh - uncut hair). What do children think they are? What do children think they are used for? Symbolise? Watch www.bbc.co.uk/education/clip/znv34wx. The 5Ks of Sikhism. What do each of the 5Ks symbolise? Does wearing the 5Ks show commitment to God? Do all Sikhs who wear the 5Ks have the same level of commitment?

May be time to consider the Amrit ceremony (initiation into the Khalsa) See Year 3, Autumn 1 enquiry for resources. Watch www.bbc.co.uk/education/clip/z9gkq6f. ‘The Sikh Holy Book, the Guru Granth Sahib’ BBC Learning clips. Through questioning, establish that there were 10 living Gurus, and that there is a holy book called the Guru Granth Sahib. This is because there will be no more living Gurus and Sikhs believe that God is talking through the Guru Granth Sahib. The Guru Granth Sahib is treated with respect. Children to research ways in which the holy book is treated with respect e.g. it is put to bed in its own bedroom, it is fanned, held above people’s heads, etc. Does treating the holy book in this way show commitment to God? Why?

Sikhs also pray and worship in the Gurdwara (possible to visit a Gurdwara at this point). Use ‘Crossing the Bridges’ material from Discovery RE website if you choose to. Invite a Sikh visitor to school. Children write their questions for visitor on envelope cards (print from Discovery RE CDrom/USB)

In groups, give children statements relating to equality to sort into true/false. Feedback from each group and establish that nowadays most cultures and religions believe in equality. In the past there was no equality and in certain cultures today there is no equality. What do children think about this? Look for clips about Sikh weddings online. It is an important part of Sikh teaching that everyone is equal. God’s love is for everyone, so no one is better than anyone else. Men and women and people from different backgrounds should always be treated in the same way. Do children think that by treating people equally this shows commitment to God? Why? Is it a good idea to treat people equally even if you are not a Sikh? Why? Why not?

Introduce ‘Sewa’ to children. Explain that this means helping others. This can mean giving money or giving time. It can be caring for people who are ill, cleaning the Gurdwara or helping to serve the Langar (recap on Langar from Autumn 1). http://sewauk.org/ Which people were Sikhs helping? Why were they helping them? Is helping people a good way of Sikhs showing commitment to God? Sikhs feel closer to God through helping others. Recap on Vaisakhi.

Evidence in Discovery RE Journals: Activity Sheet.
Key Stage 2
Medium Term Planning

Teaching and Learning Activities cont

**Step 3 Evaluation (1 lesson)**

- Which ways have we learnt that Sikhs show commitment to God? Collect ideas on post-it notes to create large poster.
- Ask children key question: What is the best way for a Sikh to show commitment to God?

**Activity Sheets 1 and 2**

Children to pretend they are an Agony Aunt/Uncle at a Sikh children’s magazine. They respond to the following problem:

**Dear…**

I am 10 years old and am a Sikh living in Bournemouth. There are not many other Sikhs at my school and I am finding it more and more difficult to fit in as I feel quite different. I believe it is important for me to show my commitment to God and want to go to the Gurdwara with my family at the weekends, but this means missing football practice. I am afraid I won’t get into the team.

What shall I do? What is the best way to show my commitment to God and not miss football? Thank you, Arjan

**Step 4 Expression (1 lesson)**

- Is it always easy to show commitment? If someone stops showing commitment, is it too late to try again to be committed? Brainstorm reasons people might find a commitment difficult e.g. feel like they are missing out on fun, feel tied down to certain routines, pressure to fit in, etc. Children to create speech bubbles with advice on how to stay committed to something or someone even when it proves difficult. May be able to use cameras to make a video of each person’s advice on staying committed.

**Evidence in Discovery RE Journals**: Activity Sheet.
Dear...

I am 10 years old and am a Sikh living in Bournemouth. There are not many other Sikhs at my school and I am finding it more and more difficult to fit in as I feel quite different. I believe it is important for me to show my commitment to God and want to go to the Gurdwara with my family at the weekends, but this means missing football practice. I am afraid I won’t get into the team.

What shall I do? What is the best way to show my commitment to God and not miss football?

Thank you.

Arjan
Write your response here:

Dear Arjan

________________________________________________________________________________________________

________________________________________________________________________________________________

________________________________________________________________________________________________

________________________________________________________________________________________________

________________________________________________________________________________________________

________________________________________________________________________________________________

________________________________________________________________________________________________

With best wishes from...
Year 5 My Learning Progress
(Please highlight a green, a blue and a red outcome)
These are aligned to the sequence of teaching/learning Steps 1-4 on the medium-term planning page.

Name:         Class:

<table>
<thead>
<tr>
<th>Year 5 Summer 1</th>
<th>What is the best way for a Sikh to show commitment to God?</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>WORKING TOWARDS</td>
<td>I can express why showing commitment to something may be a good thing.</td>
<td></td>
</tr>
<tr>
<td>(Level 3)</td>
<td>I can describe some of the ways that Sikhs choose to show commitment to God and am starting to understand that they may do this in different ways.</td>
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<tr>
<td></td>
<td>I can start to show I understand that Sikhs make choices about how they show commitment to God.</td>
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<tr>
<td>Year 5 expectation WORKING AT</td>
<td>I can show an understanding of why people show commitment in different ways.</td>
<td></td>
</tr>
<tr>
<td>(Level 4)</td>
<td>I can describe how different practices enable Sikhs to show their commitment to God and understand that some of these will be more significant to some Sikhs than others.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>I can start to express what I think about the best way a Sikh could show commitment to God.</td>
<td></td>
</tr>
<tr>
<td>WORKING BEYOND</td>
<td>I can explain why one way of showing commitment may not be better than another.</td>
<td></td>
</tr>
<tr>
<td>(Level 5)</td>
<td>I can explain why it is important to Sikhs to show their commitment to God and can describe different ways they choose to do this.</td>
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<tr>
<td></td>
<td>I can give my opinion on what I think Sikhs should do to show commitment to God and explain why.</td>
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To improve next time I will

My TINT Box

I am proud that I

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Exemplification

Year 5: Summer 1 - Sikhism

Enquiry: What is the best way for a Sikh to show commitment to God?

These are examples of the style of answer for each expectation. The content could be different.

<table>
<thead>
<tr>
<th>WORKING TOWARDS</th>
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<tbody>
<tr>
<td>I have some things I have to do but the ones I am most committed to are the ones I have chosen for myself, like wanting to get really good at football. If I commit to training I might make the team. You do not need to go to the Gurdwara to show commitment to God. You could wear the 5Ks and help others, for example by cleaning the Gurdwara or helping serve the Langar. Hopefully your parents would be happy with this. I think God would be. It is all about choice and I think Sikhs should be able to choose how they show commitment to their religion because it is about them and God, and their personal choice.</td>
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</table>

<table>
<thead>
<tr>
<th>WORKING AT</th>
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<tbody>
<tr>
<td>People are all different and choose to show commitment in ways they think are important. I try to keep healthy by playing tennis but my friend goes swimming. Some Sikhs might think that the best way to show commitment to God is to go to the Gurdwara at the weekends whereas other Sikhs might feel that this is not necessary to show commitment to God and that it is the way they lead their lives that shows their commitment to God. These Sikhs might feel that ‘Sewa’ is important, which is helping others. Sikhs can help others in many ways: giving money and time, caring for ill people, cleaning the Gurdwara or serving the Langar. I think giving to the poor is the best way to show commitment to God because poorer people are God’s creation too and Sikhs believe in equality.</td>
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<thead>
<tr>
<th>WORKING BEYOND</th>
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<tbody>
<tr>
<td>People make personal choices about what they want to commit to and how they do it. I play football to keep fit but my friends swims because she loves the water but I really don’t. They are both good ways to keep fit - it is just about what suits us as individuals. Sikhs are committed to God and feel it is important to show this commitment through the way they live their lives. Many wear the 5Ks to symbolise their commitment. They can also go through the Amrit ceremony which is where the Sikh is being initiated, drinks sugar and water and has some sprinkled on his feet, eyes and hair. Going through this is like being baptised and shows commitment to God. They can also go to the Gurdwara to pray and worship although as long as they are helping others (Sewa) this is still a good way of showing commitment to God because helping others makes Sikhs feel closer to God. So really it is up to you to make a personal choice. You need to feel sure that you are putting God first but I don’t think God wants you to give up football. It’s all about priorities. I think Sikhs should go through the Amrit ceremony because this ceremony is specially designed for people to make a personal commitment to God. If you did this in public at the Gurdwara it might help you stay committed to God as you have made your personal commitment in front of the community.</td>
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</table>
Year 5: Summer 1 - Sikhism

Enquiry: What is the best way for a Sikh to show commitment to God?

**SMSC**

<table>
<thead>
<tr>
<th>Spiritual</th>
<th>Moral</th>
<th>Social</th>
<th>Cultural</th>
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</table>

**British Values**

<table>
<thead>
<tr>
<th>Democracy</th>
<th>Rule of Law</th>
<th>Individual Liberty</th>
<th>Mutual Respect</th>
<th>Tolerance of those of different faiths and beliefs</th>
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</thead>
<tbody>
<tr>
<td>✓</td>
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(Guru Granth Sahib)

**Skills and attitudes focus for this enquiry**

<table>
<thead>
<tr>
<th>Step 1 Engagement</th>
<th>Step 2 Investigation</th>
<th>Step 3 Evaluation</th>
<th>Step 4 Expression</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skills Interpretation Empathy</td>
<td>Skills Investigation Application</td>
<td>Skills Discernment Analysis Evaluation</td>
<td>Skills Expression Reflection Synthesis</td>
</tr>
<tr>
<td>Attitudes Curiosity Appreciation Wonder</td>
<td>Attitudes Critical awareness</td>
<td>Attitudes Open-mindedness</td>
<td>Attitudes Self-awareness</td>
</tr>
</tbody>
</table>

**Attainment descriptors**

**WORKING TOWARDS** (Level 3)

I can express why showing commitment to something may be a good thing.
I can describe some of the ways that Sikhs choose to show commitment to God and am starting to understand that they may do this in different ways.
I can start to show I understand that Sikhs make choices about how they show commitment to God.

**WORKING AT Year 5 expectation** (Level 4)

I can show an understanding of why people show commitment in different ways.
I can describe how different practices enable Sikhs to show their commitment to God and understand that some of these will be more significant to some Sikhs than others.
I can start to express what I think about the best way a Sikh could show commitment to God.

**WORKING BEYOND** (Level 5)

I can explain why one way of showing commitment may not be better than another.
I can explain why it is important to Sikhs to show their commitment to God and can describe different ways they choose to do this.
I can give my opinion on what I think Sikhs should do to show commitment to God and explain why.

**Resources needed for this Enquiry**

- [www.bbc.co.uk/education/clips/zvn34wx](http://www.bbc.co.uk/education/clips/zvn34wx): The 5Ks of Sikhism
- [www.bbc.co.uk/education/clips/z9gkq6f](http://www.bbc.co.uk/education/clips/z9gkq6f): The Sikh Holy Book - Guru Granth Sahib
- Look for clips about Sikh weddings online
- [http://sewauk.org/](http://sewauk.org/)

**Teacher reflection on this unit**

<table>
<thead>
<tr>
<th>WWW (What went well)</th>
<th>EBI (Even better if)</th>
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